

## FABULOUS FESTIVE FUN

Why not join us for a Christmas or New Year Break this year and let us look after you? Just think - no more washing up or sprouts to peel, just relax, unwind, enjoy and prepare to be spoilt, go on, you know your worth it!

Our three day Christmas break arriving on the 24th December 2011 includes dinner, bed, breakfast and afternoon tea on arrival, fabulous Christmas Day lunch, a lake cruise, all entertainment and many seasonal extras. Combine this with friendly staff, fantastic on-site leisure facilities, excellent food and drink and you have all the right ingredients for the complete festive getaway.

**Three night Christmas Package 2011  
£495 per person**

Our Two night New Year break arriving on the 31st of December 2011 includes afternoon tea on arrival, gala New Year's Eve dinner, all entertainment, fireworks and plenty of fizz to welcome in the New Year. New Years Day brunch, dinner and our evening entertainment will ease you in to 2011 with our fantastic atmosphere, amazing facilities, exquisite cuisine and a constant supply of pampering, it's a New Year celebration not to be missed.

**Two night New Year Package 2011/12  
£332 per person**

## WESTMORLAND CLUB PARTY TIME

Our exclusive celebration weekend this year is Friday 2nd and Saturday 3rd of December 2011. Make a weekend of it for just £115 per person in a standard room, to include bed and breakfast on the Friday night, dinner bed and breakfast, drinks reception and entertainment on the Saturday, Cumbrian breakfast and our traditional 3 course Sunday lunch before you leave us.

Treat yourselves to a Westmorland Club weekend away, catch up on a little last minute Christmas shopping, or simply relax, unwind and allow us to look after you. Don't forget your 10% discount at Oxley's for that ultimate pamper experience, pre-booking is required and must be done direct with Oxley's.

We look forward to welcoming you for a Westmorland Club Party Weekend to remember.



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## BY ROYAL APPOINTMENT...

We didn't want any of our guests or visitors to miss out on the wedding of the year, so we converted the Library into a mini cinema for the day.

Guests enjoyed all day coverage of the wedding on the big screen and to keep things terribly British we served complimentary Dubonnet and sherry (two of the Queen's tipples) cucumber sandwiches and of course strawberries and cream. We even broadcast the wedding on the big screen outside the hotel - as you can see from the photo's we did get people stopping to have a look. A very patriotic day was had by all, we are sure Kate and William had a ball too!



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You will be very welcome at the heart of the English Lakes

www.hotelslakedistrict.com

# 2012 - A REALLY BIG YEAR FOR US...

Close to home, far from expected

We will be starting 2012 with a 'bang' to celebrate our very own Silver Jubilee, 2012 marks 25 years of The Ambleside Salutation Hotel, it only seems like yesterday Geoff began his refurbishment venture in Ambleside.

Each month in 2012 there will be an amazing offer for you to participate in; we will keep you informed of all the 'Spectacular Silver Jubilee' offers and events we have in store. Keep checking our website as we are busy creating a special page with memories, photographs, information and even a time line going back over the last 25 years. If you have any special memories or photo's you would like to share with us we would love to hear from you. Please send or email them to us. If you have a special celebration in 2012 please let us know all about it, who knows we may be able to celebrate it together.

# 25 YEARS

2012



## BILL BACK...

We know many of you have been visiting the hotel for many years. If any one can find a bill from 1987 please let us know and we would be delighted to arrange your next visit and charge you 1987 prices. Surely it's worth a rummage through a few old files, cupboards or even the attic, who knows what you may find!

## WOODLANDS RETREAT

We are very pleased to announce that our newest Lodge room 'Woodlands' is officially on the market for guests to book. The new room has a contemporary feel with luxurious fabrics and décor, and state of the art gadgets. It is situated opposite the front entrance to the hotel and looks up to the wooded area en route to the waterfalls, hence it's aptly titled Woodlands. We have had some fantastic feed back about the room so why not try it for yourself the next time you make a reservation!

## WEDDING BELLES

We would like to congratulate Lucy from Reception and Nathan from the Kitchen as they have set the date to tie the knot in August 2012. We are sure they will have a fantastic day, just another thing to celebrate in our 25th year!

## BONUS MONTHS

Don't forget your bonus months are October 2011 and for 2012 they will be January, April, July and October, where you can double up on your points for a free stay with us!

## AMBLESIDE CHRISTMAS LIGHT FESTIVAL

The Christmas Light Festival is one of the biggest and most popular local events in Ambleside. Children and adults alike enjoy the sail to Bowness to pick up Father Christmas, the Snow Queen and their helpers. The lantern procession then winds its way around the village following Father Christmas on his sleigh, and finishes with a fantastic firework display in the park. There are also plenty of craft and market stalls to peruse and perhaps purchase some Christmas goodies. This is certainly a great event and we still have rooms for the weekend of 19th and 20th November, but hurry they are selling out fast. For more information about the Lantern Parade [www.amblesidechristmaslights.co.uk](http://www.amblesidechristmaslights.co.uk)



## ST. GEORGE'S DAY 10K

Paul and his running buddies enjoyed a great run in Little Langdale for the St George's Day 10k. The event is so popular it has to be run over two days. The weather was glorious for the weekend of the run, Paul was joined this year by Paul Dunn, who works for Technogym and who has been a great help in setting up the leisure club at the hotel.



## STRIDING OUT...

A group of our hard working boys from the hotel had a fabulous day out recently when they tackled the famous and renowned ridge of Striding Edge which flanks the south eastern passage to Helvellyn. Stuart Mike, Gerry, and David took a stroll along Striding Edge, making the most of the glorious weather and the stunning views of one of the Lake District's most popular peaks. As you can see from the photograph the boys had a great day out but this ridge is definitely not for the faint hearted!



## CYCLING SUCCESS!

Stuart, our Maintenance Manager, took part in the 2011 Whinlatter Mountain Bike Challenge, which is a 31 mile endurance event. The course follows the excellent trails and takes in some amazing views in the Whinlatter forest just outside Keswick. We are proud to report Stuart finished 116 out of 475 entries- what a great result! Stuart also completed a grueling 25k charity race - the timed mountain bike ride started and finished in Staveley taking in Longsleddale, Kentmere and the Troutbeck Valley, finishing in a very respectful 3 hrs 19 minutes. Despite the gruelling course Stuart had a great time and raised some money for Cancer Research!



## WESTMORLAND CLUB BONUS DISCOUNT

Your Westmorland Club membership has now got even better, as well as your 10% discount on accommodation and all the usual special rates and offers; we are now giving all Clubbers 10% discount on all food and drink in the hotel and an amazing 20% off our 3 course Restaurant dinner which would normally be £28.00 per person. Please show your Westmorland Club Membership card at the bar when ordering food and drink or at reception when you book dinner with us. Don't worry if you have misplaced your original membership card we can check our records and happily re-issue you with a new one so you don't miss out on your discounts.

## WESTMORLAND WINTER OFFERS - HASTE YE BACK

During November 2011 and up to February half term 2012 bed and breakfast will be just £41.50 per person per night for Clubbers. During December 2011 and January 2012 the rate will be just £35.50 per person per night bed and breakfast.

The rates are for a standard room, subject to availability, on new bookings only, available Sunday to Friday. They are not available over the Christmas and New Year period, Bank Holidays or the period in between Christmas and New Year.

LIKE US ON FACEBOOK OR FOLLOW US ON TWITTER. Yes it's official we have finally succumbed to social networking and to tell you the truth we actually quite like it so why not 'like' and join our Facebook page or become a 'follower' on Twitter, it will keep you up to date with all we have been up to!

facebook



twitter

## CALLING ALL YOU BUDDING ARTISTS... DON'T FORGET YOUR PAINTBRUSH!

Once again we are teaming up with local artist Pauline Henderson for another painting week here in Ambleside.

We are offering a 3 or 4 night dinner, bed and breakfast break, and day rates are also available. Pauline's course is suitable for all abilities and her relaxed and varied style means she is also able to give lots of individual attention throughout the course. So why not combine a love of art and painting with a visit to Ambleside and take in the beauty of the Lakes.

Arrive for dinner on Sunday the 13th November 2011, painting commences on Monday the 14th. For the full 5 nights dinner, bed and breakfast, and 4 days tuition is just £322 per person, or enjoy a 3 day mini break for just £192 per person. Rates for non painters are £59.50 per night dinner bed and breakfast.



## LEISURE CLUB NEWS

We have news from our Leisure Club; unfortunately Ailsa Finlayson has left the Ambleside Salutation Hotel & Spa to enable her to pursue her own career. We would like to thank her for all her hard work and wish her continued success in the future.

We are delighted to welcome aboard James Pendleton as our new personal trainer. James is Windermere based and has been involved in sports and fitness since he can remember. He has participated in many different sports, the main being judo, where he trained and competed all over the UK and Europe. Using different training methods, James has helped many people achieve their fitness goals. We are really looking forward to working with James. If you are coming to stay why not ring prior to arrival and see if James has a slot free and book a personal training session with him. It's just £30 for an hour and you will be surprised how much encouragement and motivation you will receive.



## NEW CLASSES AND CHANGING

We have just refurbished and extended the gents changing rooms by the pool, just to give that bit of extra space and we are sure you will approve. We have also begun an exciting new work out class Aqua Zumba, every Wednesday at 6pm for a really amazing 45 minute work out in the pool, it's all the rage.... don't forget your swimming costume!

Oxley's

A BLUE FISH SPA

## SUMMER OFFERS 2011

'Prepare to Bare' Treatment Package 1hr 45mins - £55

A 15 minute back massage is followed by a full body exfoliation and application of moisturiser to leave your skin feeling smooth and silky. A tidy of your eyebrows and polish to the fingers and toes complete the treatment leaving you feeling fully refreshed and ready for the summer months ahead.

Summer Pamper 'For Him' 1hr 15mins - £45

A back, neck and shoulder massage is followed by a deeply nourishing hand treatment to give those hard working hands some much needed attention, leaving them clean, fresh and presentable.

(No further discount of offers available with the above)

## IN THE SWIM

The Great North Swim also took place in June with over 10,000 swimmers of all abilities taking to the water over the swim weekend. Swimmers were organised into a series of 'waves' with a maximum of 300 in each for this fantastic open water event. Many of the UK'S elite swimmers took part, along with our own Mike and Jonathon.



## THE GRASMERE GALLOP

The Grasmere Gallop took place on the 12th of June, with a new route which starts with a bit of a climb up Red Bank across Loughrigg Terrace and back along the shore line of the lake, taking in some of the most breathtaking scenery in the Lakes. It's a great 10k and the winner came 'Galloping' in an amazing 36 minutes! Paul and Mike from the hotel both flew in with very respectable times and totally enjoyed the event.

The event was organized by the National Trust, who provided a great day out with something for everyone, even an under 6's Teddy dash and an over 6's super dash, family fun run, stalls, bouncy castle, raffle and even an Owl display.



## FEELING PECKISH?...

Not to worry if you get the night time nibbles we have just installed a fantastic vending machine in the hotel. Ye Olde Vending Shoppe is situated by the bar and Bistro entrance and is packed with healthy snacks, drinks, crisps and of course chocolate, so if you are feeling peckish outside our meal times just pop down and treat yourself.