

PAUL'S IN THE RUNNING

Congratulations to Paul on completion of the Keswick 10k in May, and the now famous Grasmere Gallop in June. All his training has really paid off and he has certainly got the running bug and what's more he is really enjoying getting out and about on the fells. Perhaps he will be a contender for the Brathay Windermere Marathon for 2010. He also celebrated a 'special' birthday a few days ago but we don't think he looks a day over 39!

Salutation Hotel Health Club & Spa

We will soon be able to unveil our new Techno Gym. Work has been discreetly carried out to house a new steam room and sauna which is now by the swimming pool. There will be an addition of a crushed ice fountain and a luxurious Canadian hot tub. The existing gym area will then be totally revamped for new state of the art equipment and new changing rooms. We hope to have this up and running by September so you will be able to have a summer work out with us.

RELOCATION



Why not join us at the Ambleside Salutation Hotel for a whole week of painting in the heart of the beautiful English Lake District. We have teamed up with local watercolour artist Pauline Henderson to provide your tuition, Pauline teaches in and around Cumbria - both from her home in Orton near Penrith and in nearby Appleby. The course is suitable for all abilities ranging from absolute beginner to those who are already keen artists and members of art clubs. Pauline will start with the absolute basics and move on to teach various techniques. Hopefully, by the end of the week, everyone will go home having learned a lot and with some finished work to be proud of. Pauline has a relaxed and varied style and will be able to give individual tuition. So whether you are a beginner or an established artist we are sure you will enjoy our painting week. Combine a love of art and painting with the breathtaking scenery in the heart of the Lake District - England's most beautiful corner. Our painting week commences on the 28th February 2010 until the 5th of March 2010 and costs £342.00 per person for dinner, bed and breakfast. Places are limited so call our reservations team now on 015394 32244 for more information and to make your booking.

CALLING ALL YOU BUDDING ARTISTS...

FABULOUS FESTIVE FUN

Why not join us for a Christmas or New Year break and let us look after you? Just kick off your shoes relax, unwind and enjoy a traditional Christmas break with all the trimmings or a New Year's extravaganza so you can welcome 2010 in true 'Westmorland' style. Now wouldn't that make a really nice change from peeling the potatoes and the dreaded washing up?

Christmas break arriving 24th December for 3 nights £468 per person dinner, bed and breakfast, which also includes Cumbrian afternoon tea on arrival, Christmas Day lunch, a cruise on the lake and all the other entertainment and festivities we have planned for you.

New Year break arriving 31st December for two nights dinner, bed and breakfast £319 per person to include Cumbrian afternoon tea on arrival, Gala dinner on New Year's Eve, all entertainment and of course fireworks and fizz to welcome in 2010.

We look forward to celebrating with you.

OFFICE REVAMP

It was more like a sixty minute make over for Sue and Paul's office with the whole office cleared out, re-decorated and re-carpeted in less than two days, and that's a record even by Geoff's standards.

ACCOUNTS & SALES GO UP...

As well as the main office revamp Diane our accountant and Ruth our Sales Manager have moved in to new offices at the very top of the hotel on the third floor. Geoff will be joining them upstairs in the 'God's' in his own office too, they will all become very fit going up and down the stairs or popping in and out of the lift.



Designed and printed by Badger Press Limited, Bowness on Windermere, Cumbria LA23 3AS

STOP PRESS... We have decided to upgrade our golden loyalty card and because you are one of our valued Westmorland Club members we have enclosed a new Platinum card for you. Just hand both cards in on your next visit and we will transfer any points over to your new exclusive card, and just for doing that we will give you two complimentary points as a bonus. Platinum card holders will also benefit from 'Bonus Points' months when we will offer you double points on your stay. The next bonus months coming up are September and October 2009 (not including the half term holiday), so don't forget to bring your card with you.... **STOP PRESS**

If you would like to receive future copies of our Westmorland Club Newsletter, please email us with your name and address with the subject as Westmorland Club Newsletter to office@hotelslakedistrict.com

Best Western Ambleside Salutation Hotel

Lake Road, Ambleside, Cumbria LA22 9BX. Tel: 015394 32244 Fax: 015394 34157 E-mail: ambleside@hotelslakedistrict.com

You will be very welcome at the heart of the English Lakes

WESTMORLAND CLUB

AMBLESIDE SALUTATION NEWS - SUMMER 09

AND THE WINNER IS...

We are proud to announce that the hotel has won a Cumbria Tourism award for **Website of the Year 2009**. The award ceremony took place at the Castle Green Hotel in Kendal and was conducted in true 'Oscars' style complete with red carpet and the paparazzi on hand to take some pictures.

We would like to give a special mention to Les Eanor and Tim Bowen from Sensible IT for all their help and advice in making an award winning Westmorland website to be proud of.

The photo below shows Ruth and Paul with the award and on the right two of the many kind letters that we have received.



MESSAGE BOARD ON TWITTER...

Hi, Congratulations on the Tourism Website Award!

As last year's winner I was very interested to know who won - Cumbria Tourism were Twittering the results on their 'LakeDistrictPR' account last night. I am glad to say I guessed right on the night :-)

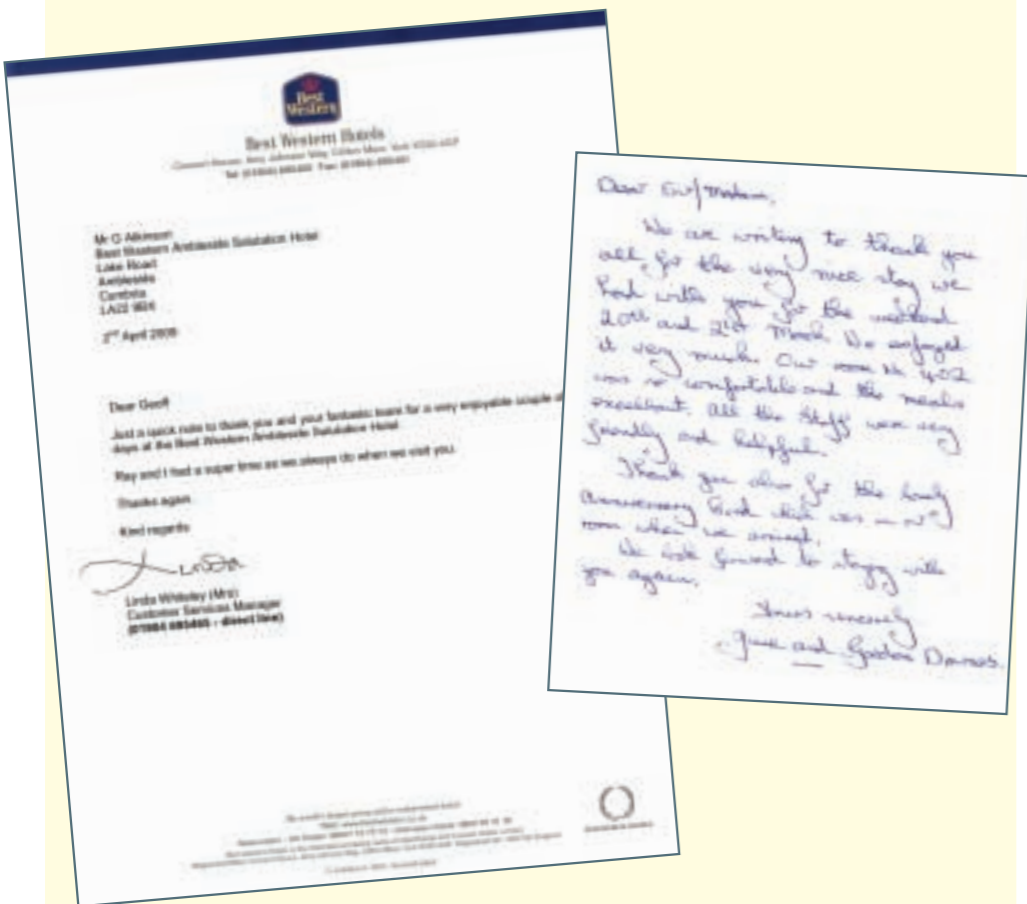
Good luck for the next round! You'll have a great time at the NWT awards!

Best wishes,
John
Windermere Lodge



THANK YOU LETTERS KEEP COMING...

We have received a number of thank you letters from customers, two of which are shown below. We always welcome contact from our customers, good or bad, but obviously are delighted with any positive feedback.



SHED EXTRA POUNDS THIS WINTER

As a valued Westmorland Club member we are pleased to offer you another sneak preview of our Winter Warmer offer for Westmorland Club members. We do hope you can take advantage of these rates in 2009 and 2010.

Our winter offer to you will be November 2009 and February 2010 (excluding half term) £37.00 per person per night bed and breakfast Sunday - Friday.

December 2009 and January 2010 (excluding 24th December until the 3rd of January 2010) £31.00 per person per night bed and breakfast Sunday - Friday.

This offer is subject to availability, for new bookings only and usual supplements or conditions apply.



PARTY! PARTY! PARTY!

Come and join us for a fabulous festive meal in the company of friend's, family or even business colleagues at one the Ambleside Salutation Hotel's Christmas Party Nights to remember!

Our Party Nights are on Wednesday the 9th, Friday 11th, and 18th and Saturday the 12th of December for only £25.00 per person Wednesday or £27.00 on a Friday/Saturday. We will welcome you with a glass of fizz, followed by a three course meal with coffee, crackers and party paraphernalia and a cabaret, live disco and bar 'til 12.30am.

Stay the night and we will offer you our special party night bed and breakfast rate of just £29.00 per person bed and breakfast midweek or just £32.00 per person bed and breakfast at the weekends.

As an extra special offer for bookings of 10 or more on the Wednesday night the party organiser stays free. Please call us to book your party night on **015394 32244**, we look forward to celebrating with you for a Party Night to remember.

MOVERS AND SHAKERS...

We will be welcoming back Vanessa (Nessy) to the fold in September, she will be returning to the reception team after her maternity leave. Although we know she will miss her little boy Luke, we are sure she will enjoy catching up with all the gossip with the girls! We also welcome back to the fold Jonathan Booth who had been working in Spain, he re-joins our housekeeping team. We say good bye to Jonathan Starr (from the restaurant) who leaves us to work in Kendal.

We also welcome Sandra Guinehut to Housekeeping, Sandra or 'Frenchy' as she is affectionately called (yes that's because she is French!) joins us from the Red Lion and some of you may remember her from her days working on reception. Welcome aboard Sandra or should we say 'Bienvenue Sandra'.

Charlotte from the kitchen is hanging up her apron and moving into the restaurant for a change of scenery, she will be seeing things from the opposite side of the hot plate. We have another sister combination at the hotel as Krisztina from the restaurant has asked her sister Zsofia to come over from Hungary to join our house-keeping team.

AND FINALLY...

The Millrays - Joan (Mr Atkinson's secretary) and Richard (maintenance department) are both retiring at the end of July. Stuart will be taking over the 'mantle' or should that be 'hammer' of the maintenance department once Richard has downed his tools for good. We all wish them a very happy retirement together and hope they enjoy their spare time pottering around Windermere not to mention the odd bit of globe trotting they have planned starting with a fabulous Caribbean cruise.



CREDIT CRUNCH LUNCH

The hotel hosted a 'Partners in Business' lunch in conjunction with the Lancashire and Lake District Life magazine. Over 40 local friends and business partners attended the lunch, they were treated to a fabulous 4 course menu which show-cased some of the dishes you can try on our new locally sourced dinner menu. Guest's were entertained by Pascal Delarome from Grapevine who kindly supplied various wines to sample with the food, he also gave a short talk about the wines. A full glossy spread telling you all about the lunch can be found in the August issue of the magazine.

GREAT GALLOP TURNOUT

There was a great turn out for the now famous Grasmere Gallop race this year, with over 450 runners taking part in either the fun run or the 10k.

It was also a bumper turn out from the hotel with Paul and Ruth completing the 10k and Mike Alison, Hannah and William all taking part in the fun run.

Well done to 'team Salutation' also in the picture are a few other runners who took part.



WEDDING BELLES

Gerry Burns, our full time joiner, downed his tools at the end of June to give away one of his three daughters. He was every inch the proud Father as he escorted Katie down the aisle. Congratulations to Katie and Scott, and here is a picture of them on their special day.

