



AMBLESIDE

SALUTATION HOTEL & SPA

Close to home, far from expected

Situated in the very heart of the Lake District amidst the hills and fells centrally located in the beautiful village of Ambleside, this independently owned and operated hotel offers on-site parking, warm and friendly service and a host of fabulous facilities.

The Ambleside Salutation and Spa is the ideal place to work out, dine out and simply chill out. Offering superbly appointed en suite bedrooms, stylish lounge bar and Brasserie style restaurant. The hotel is exclusively only open to residents. Our pool and outdoor fountain spa are also open, guests are asked to pre-book breakfast, dinner and pool times prior to or on arrival.

Combine our luxurious Classic, Club and Lakeland rooms with dinner bed and breakfast and an exclusive Clarins treatment from the Waterfall Spa to create a truly relaxing and decadent pamper break. The Ambleside Salutation Hotel and Spa is the ideal place for that Lakeland break, family holiday, festive break, simply easy to get here but hard to leave.





Sumptuous Bedrooms

Lakeland Loft Suite Rooms

Our luxury bespoke Loft Suites offer a haven of relaxation and indulgence in which to escape the everyday.

All the rooms have a double spa bath and waterproof TV over, plus their own sauna and steam room, under floor heating, floating super king bed and a stylish seating area. With the addition of a Ruark stereo, safe, Nespresso machine, fridge, bathrobes, luxury toiletries, complimentary water and slippers.

A great choice of rooms for that ultimate break away.



The Lakeland Collection

Our Lakeland collection of rooms are our most luxurious for that special break away. All the rooms have Ruark stereos, safes, Espresso machine, fridge, bath robes, slippers, and complimentary water and newspaper.

Lakeland Spa Rooms

Ground floor rooms with superking bed, with a contemporary lounge overlooking the village and fells. Walk in steam room/ shower and sauna. All the rooms have balcony, air conditioning and private hot tub for that extra touch of indulgence.

Lakeland Club Rooms

These luxurious rooms have superking bed, large bathroom with separate walk-in shower and a lovely seating area within the room. They all have balcony and private hot tub for that extra touch of indulgence.

Lakeland Classic Rooms

These luxurious rooms have a superking bed, a large en suite bathroom with separate walk-in shower and lovely seating area.





Club Rooms

All our Club rooms have superking bed and ensuite with spa bath with shower over and a seating area. These rooms are located in the hotel and also in our Wansfell Lodge, just a few steps from the hotel.

Classic Rooms

Our Classic although smaller, are tastefully decorated and have en-suite with spa bath and shower over. Our Classic twin rooms have two single beds and the majority of our Classic double rooms have king sized beds and our Club singles have a double bed.

Balcony Rooms

Our well appointed balcony rooms offer an outside seating area with views over the village or the surrounding fells. These rooms also have spa bath with shower over and are tastefully decorated.



Dining at our Hotel

Dining in Ambleside - Great Lakeland Cuisine

Start the day with our award-winning breakfast, served from 8am - 10.30am in our restaurant. Choose from our delicious mouth-watering platter selections which include continental meats, our fruit plate or artisan bread basket. Our cooked selection includes grilled Manx Kippers, poached West Coast Haddock and of course not forgetting the full works our Westmorland grill served fresh from the kitchen using the finest fresh produce from the region, guaranteed to set you up for a day on the fells.

Our air-conditioned restaurant is open currently just to residents staying in the hotel for breakfast and dinner which is served from 5.30pm until 9pm. Our menus change daily and feature the finest fresh local produce the Lakes has to offer.

Booking is essential for your breakfast and dinner reservations. Please reserve a time slot for each day of your stay at the time of booking.

Celebration Packages

Celebrating a wedding anniversary, birthday or just a spontaneous treat for being away from home?

Why not arrange for us to put a little something special in your room. Just ask at the time of booking and we will be delighted to arrange your celebration package surprise.

Chocolates - from £9.00

Fruit Bowl - from £8.00

Prosecco - from £29.00

Champagne - from £43.00

House Wine - from £22.00

Dinner for Two - from £55.00





Celebrate the Festive Season with us in the Lakes

We are offering festive dinner bed and breakfast weekends during December.

We offer a glass of fizz served at your dinner table, followed by a delicious 3 course festive menu, party paraphernalia, coffee and mini mince pies. Enjoy beautiful scenery, crisp walks, soak up the culture, relax in our lounges or chill out in our Waterfall Spa. Escape to the Lakes for a break before the festive season begins.

New Year Breaks available...

Rooms from £545 per person
for our two-night package
31st December 2023 and
1st January 2024.

Rates are for a Classic room
supplement apply for Balcony,
Club, Lakeland and Loft rooms.

Tel 015394 32244
www.hotelslakedistrict.com

Salutation Hotel Leisure Club & Clarins Spa

The Hotel features an on-site Leisure Club and Health Spa, which is open exclusively to residents, with sauna, steam room, hot tub, 13m sparkling indoor swimming pool, ice fountain and Fountain Spa. It is open daily from 8.00am until 8.00pm and free to use for residents, please book a swimming time in advance. Facilities also include our state-of-the-art 'Techno-Gym' which has a wide range of equipment including bikes, treadmills, rowing machine, power plate, wave machine, cross trainer, resistance machine and a 'Kinesis' machine.



Waterfall Spa by CLARINS

Our luxurious spa treatments are open to residents and non residents for you to enjoy a massage or beauty treatment. Whether you have a few hours to unwind or a morning or afternoon to recharge come and indulge yourself in beautiful surroundings and enjoy one of our relaxing treatments.

We offer a range of facial and body treatments from Clarins, the experts in skincare. Below is a selection of treatments on offer, please visit our website www.hotelslakedistrict.com for our full treatment list.

Clarins Facials

Expert Facial - 70 mins	£85
Discovery Facial - 30 mins.....	£52

Massage & Body Treatments

Beauty Sleep Treatment - 70 mins.....	£85
Re Balancing Full Body Massage - 70 mins...	£85
Back, Neck and Scalp Massage - 30 mins.....	£52
Hot Stone Massage - 60 mins.....	£79
Deep Tissue Massage - 60 mins.....	£79
Mother To Be - 60 mins.....	£69
Body Shaper Treatment - 70 mins.....	£85

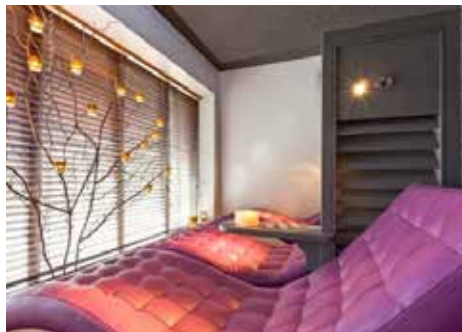
Manicure / Pedicure

Clarins Manicure - 50 mins.....	£45
Clarins Pedicure - 50 mins	£45

Spa Packages Residents only

Our spa packages include 2 hours (booked slot) use of the hotel facilities and mini afternoon tea with a glass of prosecco

Indulgence Package.....	£125
<i>70 minute Clarins treatment</i>	
Relax & Unwind Package	£95
<i>30 minute Clarins treatment</i>	



Book your treatment online >>
or call 015394 32385



WESTMORLAND CLUB



WESTMORLAND CLUB

There's Great Service, Great Food and a Great Deal More when you join the Westmorland Club

As a valued guest we'd like to welcome you to the growing number who have taken membership of our Westmorland Club.

A once only payment of **£25.00** gives you membership of this exclusive Club, and guarantees you the choice of our very best offers all year round. In fact, whenever you stay with us as a Westmorland Club member you will receive an exclusively discounted loyalty rate as well as **10% discount** off food, drink and Spa treatments.

We will also send you your personal membership card and two Brasserie Food Vouchers up to the value of £25.00 per person. Club members also have access to a Members Only section on our website to book our exclusive Westmorland Club special offers.

Join our Club and make yourself a VIP every time you choose to stay with us.

Contact our Reception today on 015394 32244

We look forward to welcoming you to our club



EXCLUSIVE TO WESTMORLAND CLUB

Early Bird Early Bird Early Bird Early Bird Early Bird



Don't forget to take advantage of our fabulous Advance Purchase Offer.
Pre book and fully pre pay bed and breakfast in advance to receive the following discount:-

4 months onward 20% discount

Subject to availability, conditions do apply. Reservations cannot be amended or cancelled.

Information and Conditions

The Bed and Breakfast Tariff: Includes our award winning full Westmorland Breakfast plus free use of our leisure facilities and WiFi.

Dinner: Pre-purchase dinner when you pre-book online.

Club Single Rooms: We have a limited number of Single rooms.

Accommodation: There is a lift to the first and second floors in the hotel. In our Wansfell Lodge there is no lift to the upper floors.

Deposits: A non-refundable deposit to the value of the first night's accommodation cost per person is required to secure the booking. We accept all major credit and debit cards. Company and personal cheques are only accepted by prior arrangement.

Children: All families are accommodated in our designated family rooms from £40.00 per night supplement. There is no extra charge for children under 12, children aged 12 - 15 years are charged £12.95 per night which includes breakfast. A children's menu is available in the Brasserie from 5.30pm until 9pm.

Children under 16 are most welcome to use the hotel swimming pool but must be supervised by an adult at all times. Children under 16 are not permitted in the adults only areas of the leisure facilities which are the gym, sauna, steam room, external hydrotherapy spa and internal hot tub.

Dogs are Welcome: Providing they are well behaved! There is a charge of £20.00 per dog per stay. Dogs are not allowed in the Restaurant at any time. We ask that you do not allow your dog onto the soft furnishings. Please do not leave your dog in the room on its own. Dogs are only allowed in our designated dog friendly rooms.

Cancellation Cover: As your deposit is non-refundable we offer our own cancellation cover (except for Christmas and New Year reservations) at a cost of £10 per person. This guarantees the return of your deposit less an administration charge of £8. This must be taken out within 7 days of booking.

Please note: If cancellation cover is not taken out we will only be able to offer to transfer your deposit and only then if it is more than two weeks before arrival. Any transfer of deposit will be subject to a £25 fee and must be used within 3 months of cancellation date. If reservation is cancelled within 2 weeks of arrival then deposit is lost.



HOW TO FIND US...

From the south, take the M6 to junction 36 and follow the A591 through Windermere and Ambleside, follow the one-way system and take the right hand lane at the pelican crossing, the hotel is just 100 metres along on the left.

From the north, take the M6 to junction 40, head west on the A66 and turn onto the A591, signposted St John's in the Vale, continue south to Ambleside, the hotel is on the left on the brow of the hill.

SatNav: LA22 9BX



Ambleside Salutation Hotel & Spa



Lake Road, Ambleside, Cumbria LA22 9BX Tel: 015394 32244 E-mail: ambleside@hotelslakedistrict.com
www.hotelslakedistrict.com