



AMBLESIDE
SALUTATION HOTEL & SPA
Close to home, far from expected

Located In the heart of the English Lake District's beautiful village of Ambleside. Our independently owned and operated hotel offers laid back luxury with that home from home feel. Here you can experience warm and friendly service and a host of fabulous facilities.



Olive Mews

Sumptuous Bedrooms

Our Olive Mews Rooms

Our Olive Mews rooms are situated adjacent to the hotel on the ground floor, these rooms are tastefully decorated with luxurious fabrics. They offer stylish seating area, floating super king-sized bed, Ruark stereo, safe, fridge, Nespresso machine, luxury toiletries and robes and slippers for use during your stay. They also have a double spa bath with waterproof television over and private steam room, shower, sauna, and air conditioning.



Olive Mews



Olive Mews



Lakeland Loft Rooms

Lakeland Loft Suite Rooms

Our luxury bespoke Loft Suites offer a haven of relaxation and indulgence in which to escape the everyday.

All the rooms have a double spa bath and waterproof TV over, plus their own sauna and steam room, under floor heating, air conditioning, floating super king bed and a stylish seating area. With the addition of a Ruark stereo, safe, Nespresso machine, fridge, bathrobes, luxury toiletries, complimentary water and slippers.

A great choice of rooms for that ultimate break away.

Lakeland Spa Rooms

Ground floor rooms with superking bed, with a contemporary lounge overlooking the village and fells. Walk in steam room/shower and sauna. All the rooms have balcony, air conditioning and private hot tub for that extra touch of indulgence.



Lakeland Loft Rooms



Lakeland Spa Room



Lakeland Spa Room



Lakeland Club Room



Lakeland Club Room



Lakeland Classic Room



Lakeland Club Rooms

These luxurious rooms have air conditioning, superking bed, large bathroom with separate walk-in shower and a lovely seating area within the room. They all have balcony and private hot tub for that extra touch of indulgence.

Lakeland Classic Rooms

These luxurious rooms have air conditioning, a superking bed, a large en suite bathroom with separate walk-in shower and lovely seating area. Our Stargazer Lakeland Classic Rooms are located on the third floor with the original beamed ceiling and are only partially accessible by the lift.



Lakeland Classic Room



Club Room



Club Room



Classic Room

Club Rooms

All our Club rooms have superking bed and ensuite with spa bath with shower over and a seating area. These rooms are located in the hotel and also in our Wansfell Lodge, just a few steps from the hotel. The hotel also has limited Club single rooms available.

Classic Rooms

Our Classic although smaller, are tastefully decorated and have en-suite with spa bath and shower over. Our Classic twin rooms have two single beds and the majority of our Classic double rooms have king sized beds.

Balcony Rooms

Our well appointed balcony rooms offer an outside seating area with views over the village or the surrounding fells. We have a variety of rooms with balconies on each of our different room types.



Classic Room

Dining at our Hotel

Dining at The Ambleside Salutation Hotel and Spa

Start the day with our award winning breakfast, which is something to behold, it includes our extensive chilled buffet and our cooked selection from the kitchen. Served 8 -10.30am daily.

Dinner is served 5.30pm - 9.00pm. Our menus are based on a traditional flair for English food, interspersed with dishes from around the world.



Celebration Packages

Celebrating a wedding anniversary, birthday or just a spontaneous treat for being away from home?

Why not arrange for us to put a little something special in your room. Just ask at the time of booking and we will be delighted to arrange your celebration package surprise.

Chocolates - from £9.00

Fruit Bowl - from £8.00

Prosecco - from £29.95

Champagne - from £43.50

House Wine - from £25.95

Dinner for Two - from £61.00





WESTMORLAND CLUB

WESTMORLAND
CLUB
Close to home, far from expected

WESTMORLAND CLUB

There's Great Service, Great Food and a Great Deal More when you join the Westmorland Club

As a valued guest we'd like to welcome you to the growing number who have taken membership of our Westmorland Club.

A once only payment of £25.00 gives you membership of this exclusive Club, and guarantees you the choice of our very best offers all year round. In fact, whenever you stay with us as a Westmorland Club member you will receive an exclusively discounted loyalty rate as well as **10% discount** off food, drink and Spa treatments.

We will also send you your personal membership card and two Brasserie Food Vouchers up to the value of £25.00 per person. Club members also have access to a Members Only section on our website to book our exclusive Westmorland Club special offers.

Join our Club and make yourself a VIP every time you choose to stay with us.

Contact our Reception today on 015394 32244

We look forward to welcoming you to our club



EXCLUSIVE TO WESTMORLAND CLUB

Don't forget to take advantage of our fabulous Advance Purchase Offer. Pre book and fully pre pay bed and breakfast in advance to receive the following discount:-

**4 months onward
20% discount**

Subject to availability, conditions do apply. Reservations cannot be amended or cancelled; our hotel cancellation cover does not apply to early bird discounted rates.

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Salutation Hotel Leisure Club & Clarins Spa

The Hotel features an on-site Leisure Club and Health Spa, which is open to residents and our Spa Package guests, with sauna, steam room, hot tub, 13m sparkling indoor swimming pool, ice fountain and Fountain Spa. It is open daily from 8.00am until 8.00pm and free to use for residents, please book a swimming time in advance. Facilities also include our state-of-the-art 'Techno-Gym' which has a wide range of equipment.



Waterfall Spa by CLARINS

Our luxurious spa treatments are open to residents and non residents for you to enjoy a massage or beauty treatment. Whether you have a few hours to unwind, or a morning or afternoon to recharge, come and indulge yourself in beautiful surroundings and enjoy one of our relaxing treatments.

We offer a range of facial and body treatments from Clarins, the experts in skincare. Below is a selection of treatments on offer, please visit our website www.hotelslakedistrict.com for our full treatment list.

Clarins Facials

Expert Facial 70 mins
Discovery Facial 30 mins

Massage & Body Treatments

Beauty Sleep Treatment..... 70 mins
Re Balancing Full Body Massage..... 70 mins
Back, Neck and Scalp Massage..... 30 mins
Hot Stone Massage 60 mins
Tension Easing Massage 60 mins
Mother To Be..... 60 mins
Body Shaper Treatment..... 70 mins

Manicure / Pedicure

Clarins Manicure 50 mins
Clarins Pedicure..... 50 mins

Spa Packages

Our spa packages include 2 hours (booked slot) use of the hotel facilities and mini afternoon tea with a glass of prosecco

Indulgence Package *70 minute Clarins treatment*
Relax & Unwind Package *30 minute Clarins treatment*



Book your treatment online >>
or call 015394 32385





HOW TO FIND US...

From the south, take the M6 to junction 36 and follow the A591 through Windermere and Ambleside, follow the one-way system and take the right hand lane at the pelican crossing, the hotel is just 100 metres along on the left. **From the north**, take the M6 to junction 40, head west on the A66 and turn onto the A591, signposted St John's in the Vale, continue south to Ambleside, the hotel is on the left on the brow of the hill.



SatNav: LA22 9BX

Ambleside Salutation Hotel & Spa



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www.hotelslakedistrict.com